

# Come and See Week 3

Give us today our daily bread.

## Opening Music

I have what you need  
But you keep on searching  
I've done all the work  
But you keep on working  
When you're running on empty  
And you can't find the remedy  
Just come to the well

You can spend your whole life  
Chasing what's missing  
But that empty inside  
It just ain't going to listen  
When nothing can satisfy  
And the world leaves you high and dry  
Just come to the well

And all who thirst will thirst no more  
And all who search will find what their souls long for  
The world will try, but it can never fill  
So leave it all behind, and come to the well

## The Well

Casting Crowns.

So bring me your heart  
No matter how broken  
Just come as you are  
When your last prayer is spoken  
Just rest in my arms a while  
You'll feel the change my child  
When you come to the well

And now that you're full  
Of love beyond measure  
Your joy's gonna flow  
Like a stream in the desert  
Soon all the world will see  
that living water is found in me  
'cause you came to the well

## Let us Pray

That this evening may be holy, good and peaceful,  
let us pray with one heart and mind.

*Silence is kept as we notice*

*Where God has been good*

*Where God is*

*What has stood out*

*Where I have been weak*

*What small change I can make*

As our evening prayer rises before you, O God,

so may your mercy come down upon us  
to cleanse our hearts and set us free to sing your praise  
now and for ever. Amen

### Psalm 111

- 1 I will extol the Lord with all my heart  
in the council of the upright and in the assembly.
- 2 Great are the works of the Lord;  
they are pondered by all who delight in them.
- 3 Glorious and majestic are his deeds,  
and his righteousness endures forever.
- 4 He has caused his wonders to be remembered;  
the Lord is gracious and compassionate.
- 5 He provides food for those who fear him;  
he remembers his covenant forever.
- 7 The works of his hands are faithful and just;  
all his precepts are trustworthy.
- 8 They are established for ever and ever,  
enacted in faithfulness and uprightness.
- 9 He provided redemption for his people;  
he ordained his covenant forever — holy and awesome is his name.
- 10 The fear of the Lord is the beginning of wisdom;  
all who follow his precepts have good understanding.  
To him belongs eternal praise.

Jesus taught his disciples to pray, saying

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Lead us not into temptation but deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever.  
Amen.**

## Beginning to talk

How have you been aware of God's will this past week? Was it being done?

Video – Bishop Steven - [https://youtu.be/LDfP3\\_b\\_C2Y](https://youtu.be/LDfP3_b_C2Y)

## Our Lent Conversation

Did anything energise you in +Steven's video?

How have the last 2 years changed you?

Daily rhythms, habits, Are you 'going back to normal',  
or are you developing a 'new normal'?

Manna in the desert, bread and fish for 5,000, "I am the bread of life." What does God want us to know about bread?

What for you is 'our daily bread'? Does Matt 4:4 help us here: "Man does not live on bread alone, but on every word that comes from the mouth of God."

+Steven talked about having 'just enough'. What do you think about that?

Why doesn't the Lord's Prayer say 'please' (or 'thank you')?

## Reading: Matthew 6:25-27a,31-33

<sup>25</sup> "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? <sup>26</sup> Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? <sup>27</sup> Can any one of you by worrying add a single hour to your life? ...

<sup>31</sup> So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' <sup>32</sup> For the pagans run after all these things, and your heavenly Father knows that you need them. <sup>33</sup> But seek first his kingdom and his righteousness, and all these things will be given to you as well.

**Lighten our darkness, Lord, we pray, and in your mercy defend us from the perils and dangers of this night, for the love of your only Son, our Saviour Jesus Christ. Amen.**

May God our Redeemer show us compassion and love.

**Amen.**

Let us bless the Lord.

**Thanks be to God.**